

BEHAVIORAL HEALTH

Ridgecrest Services – Medi-Cal/Free, Private Pay/Insurance

Mental Health Crisis Emergency Hotline: 988

All emergencies: **911**; Police Ridgecrest: **1-760-499-5100**; Sheriff Substation: **1-760-384-5800**

Mental Health Crisis: go to Ridgecrest Crisis Stabilization Unit: 1141 Chelsea St., **1-760-463-2880**

College Community Services (CCS) – Medi-Cal or Medi-Medi; 1400 N Norma Ste, 127-133, Ridgecrest 93555 **1-760-499-7406**

A Kern County Mental Health contract agency providing mental health services to East Kern and is not affiliated with Cerro Coso Community College

- **24-Hour Crisis Line: 1-877-300-4738**
- **CCS HOPE Center:** 1400 N. Norma Ste. 137, Ridgecrest 93555 **1-760-446-1597**

A recovery center that provides a stress-free, relaxed, safe and friendly atmosphere for anyone who has been touched by a mental illness. Focus of activities are on recovery, relapse prevention, peer-to-peer support, and socialization.

Omni Family Health, (Medi-Cal, most insurances) 1133 N. Chelsea, **1-866-707-6664**

Ridgecrest Rural Health Clinic (Ridgecrest Regional Hospital): 1111 N. China Lake Blvd. Ste 190: **1-760-499-3863**

National Alliance on Mental Illness (NAMI) – Janet **1-760-384-8672**; **Family Support Group:** zoom every 2nd and 4th Tuesdays 5:15-6:45 p.m., and 1st Wednesdays, 6-7:30 p.m.; to register send email to namikern@yahoo.com; questions: **1-661-858-3255**.

Connection Peer Recovery Support Group: Mondays 6-7 p.m. (via zoom) and Thursdays 6-7:30 p.m. (via zoom); to register send email to namikern@yahoo.com or call **1-661-247-5426**. **Family-to-Family** is offered twice each year via zoom; to register send email to namikern@yahoo.com or visit website at <https://www.namikerncounty.org/programs/>. **Peer-to-Peer** is offered twice each year via zoom; to register send email to namikern@yahoo.com or visit website at <https://www.namikerncounty.org/programs/>

Grief Support – **1-760-499-3617**, 417 Drummond Ave. (Senior Services); 1st Tuesday of each month 6:00 p.m.

Suicide Survivor's Support Group: Bakersfield; Every 1st & 3rd Tuesday of the month 6-8 p.m. **1-661-868-1719**

EMERGENCY NUMBERS

Mental Health Crisis Emergency Hotline: 988

All emergencies: **911**

Police Ridgecrest: **17650-499-5100**

Sheriff Substation: **1-760-384-5800; 1-800-861-3110**

Addiction 24-Hour Helpline: **1-877-955-5361**

Adult Protective Services: **1-661-868-1006; 1-800-277-7866**

Alcoholics Anonymous: 24-Hour Meeting Info: **1-760-375-5445**

Behavioral Health & Recovery Services Crisis line **1-800-991-5272**

Child Abuse Hotline: Report 24 hrs/day, 7 days/wk: Countywide:
1-661-631-6011; Ridgecrest: 1-760-375-6049

College Community Services: 24 Hr Crisis Line: **1-877-300-4738**

Kern Stop Meth Now: 1-855-No2Meth (**1-855-662-6384**)

Narcotics Anonymous Help & Info Line Kern Co: **1-877-629-6759**

Sexual Assault Response Team: **1-760-375-0745** (9 am-5 pm M-F)

SUICIDE HOTLINE: (1-800-Suicide) **1-800-784-24331**

TALK Lines:

- National Suicide Prevention Lifeline: **1-800-273-8255**
- NAMI Information Help Line: **1-800-950-6264**
- San Joaquin Warm Line: **1-209-468-3585**
- Mental Health Crisis Warm Line: **1-888-448-9777**

Text Line (24-7) **741-741**

Trona: San Bernardino Access #: **1-888-743-1478**;

San Bernardino Crisis Response: **1-760-956-2345**

Veteran's Crisis Line: 1-800-273-8255

Women's Shelter Network Hotline: 1-760-375-7525

Aegis: 1111 W. Inyokern Rd. Ste. B, Ridgecrest

1-626-782-2851 Getting off pain

medications & treating Opioid dependence

Ridgecrest Mental Health Urgent Care

Ridgecrest Crisis Stabilization Unit (CSU):

1141 Chelsea St. Ridgecrest **1-760-463-2880**

Bakersfield Behavioral Health & Recovery Services

Access Center and Hot Line: 1-661-868-8080

Mary K Shell Building, 2151 College Ave.,
Bakersfield 93305

Central point of access to Kern Behavioral Health and Recovery Services – Service eligibility, evaluation & service needs determined.

Kern Medical Center

1700 Mt. Vernon, Bakersfield **1-661-326-2000**

Bakersfield Behavioral Healthcare Hospital

5201 White Lane, Bakersfield **1-661-398-1800**
(Adults, Children, & Adolescents)

Crestwood Behavioral Health Center

6700 Eucalyptus Dr., Bakersfield **1-661-363-8127**

(National Alliance on Mental Illness (NAMI)
Kern County Chapter, Area of IWV/Ridgecrest
1-760-384-8672 (Janet)
Updated May, 2022

Medicare/Private-Pay/Insurance

Center for Personal & Family Counseling

501 W. Atkins, Ridgecrest

- Bob Huey, MA, LMFT 1-760-382-1783
- Tom Martin, Ph.D 1-760-371-5928
- Cori Moss-Hunter, LMFT 1-760-428-8673
- Kevin Seymour C Ph.D. 1-760-446-5515

Certified Civilian & Employee Assistance

Professional Drug & Alcohol Counselor NAWS
Building 456 Room 1
1-760-939-2480

Compassionate Couch

815 N. Downs St. Ste B, Ridgecrest 1-760-371-5393

- Melissa Price, LCSW 1-760-371-5393
- Jasmine Carter, LCSW 1-760-382-9927
- Pam Campbell, LMFT; Email:
pgcampbell12@outlook.com
- Lori Miller, LMFT 1-760-608-0872
- Darrelyn Dorais, LMFT 1-760-977-1286
- Lori Weidner-Alvarez, LMFT 1-760-382-7126
- Brittany Williams, APCC 1-760-371-5393
Student Intern

Crossroads Community Church

Personal, Family, Addiction Counseling
235 N. China Lake Blvd., Ridgecrest
1-760-384-3333

Amanda Locke, LCSW Southern Sierra Medical Center

105 E Sydnor Ave. 1-760-446-6404

Susan Logan, LMFT Immanuel Baptist

1201 N. China Lake Blvd., Ridgecrest
1-760-375-6348

Richard Rohrlick, LCSW Sierra View Psychotherapy

801 N. Downs, Ste I, Ridgecrest 1-760-375-0348

Anita Shumway-Walraven, MA, MFC Certified

Equine Assisted Psychotherapy (Military only)
1-760-375-7674

Fleet and Family Support Center (Military)

610 Blandy Ave. Bldg. 02308

1 Administration Circle, Stop 1323, Ridgecrest 1-760-939-4545

Pregnancy Care Center

341 E. Ridgecrest Blvd. Ste. A, Ridgecrest
1-760-384-2273

Women's Center High Desert

134 S. China Lake Blvd., Ridgecrest
1-760-371-1969

Medi-Cal and Medi-Medi

College Community Services (CCS) – Medi-Cal

Telemedicine - Psychiatrist
1400 N. Norma, Ridgecrest 93555
1-760-499-7406

Omni Family Health – Telemedicine: Psychiatrist

and therapist; Medi-Cal, Medicare, Private Insurance

1133 N. Chelsea Street, Ridgecrest, CA 93555
1-866-707-6664

Ridgecrest Regional Hospital Rural Health Clinic

Medi-Cal, Medicare, Private Insurance
1111 N. China Lake Blvd., Ridgecrest 93555
1-760-499-3863

Telemedicine: Ernest De Guzman M.D.,
Jagdeep Garewal M.D., Joe Kanchananakhin
M.D., Alejandra Suzuki M.D., (Child
Psychiatrist), Janine Arbalaez, Sharon NP-C.

Therapy: Maria Holm, LCSW, Maria Llamas,
LMFT, Cierra Cameron APCC, Amanda Lockie
LCSW, Walter Patton SUDCCII (Drug and
Alcohol Counselor)