




# Healthy Desai, MD

Board Certified in Orthopedic Surgery

## Location Details

[www.rrh.org/map](http://www.rrh.org/map) Bldg. C – South Plaza

 1041 N. China Lake Blvd.,  
Ridgecrest, CA 93555

 Appointments  
(760) 446-8692



## About

Dr. Healthy is a native of Mumbai, India, whose orthopedic career has taken him across India, Australia, and the United States. He earned his Bachelor of Medicine and Bachelor of Surgery with a gold medal from Grant Medical College before completing postgraduate training in orthopedic surgery. He continued his advanced training at several internationally recognized institutions, including New York University Hospital for Joint Diseases, the University of Texas Southwestern Medical Center, Long Beach Memorial Hospital, Royal Melbourne Hospital, Epworth Hospital, and Monash Medical Center.

In addition to caring for patients, Dr. Healthy is an accomplished educator, researcher, and published author. He has written numerous peer-reviewed journal articles and book chapters, presented at national and international conferences, and serves as an instructor for the Arthroscopy Association of North America. He is also an active member of the American Academy of Orthopaedic Surgeons and has extensive experience caring for athletes and sports teams throughout his career.

Outside of medicine, Dr. Healthy enjoys traveling, SCUBA diving, and playing cricket in the Southern California Cricket League. He also has a passion for adventure and has experienced activities including skydiving, whitewater rafting, and bungee jumping.



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## Education

### Fellowships

Orthopedic Sports  
Medicine

Congenital & Pediatric  
Upper Limb Surgeries

Hand, Micro-Vascular &  
Upper Limb Surgeries

Limb Lengthening &  
Reconstruction

### Degrees

Bachelors in Medicine &  
Surgery, Grant Medical  
College, India

## Languages

English