

FALL 2016

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RRH CARDIOVASCULAR DISEASE PROGRAM



MEET OUR *Specialists*



CARDIOLOGY | ORTHOPEDICS | OB/GYN | DENTAL
DERMATOLOGY | PEDIATRICS | GASTROENTEROLOGY | SURGERY
and much more...

SEE INSIDE:

- RRH UNVEILS NEWLY RENOVATED LABORATORY
- PAPA JOHN'S GIVING BACK TO RRH
- ONLINE PATIENT PORTAL

INTRODUCING THE BUTTERFLY BOUTIQUE



**BUTTERFLY
Boutique**
Benefiting Ridgecrest Regional Hospital



Announcing the Opening of Our Newly Renovated Laboratory



Congrats

Ridgecrest Regional Hospital Employees Congratulate
CEO, JIM SUVER

Ridgecrest Chamber of Commerce Business Person of the Year

Ridgecrest Chamber of Commerce awarded our CEO, Jim Suver with the 2016 Business Person of the Year Award. It is our great privilege to honor our Chief Executive Officer, Mr. Jim Suver for his insightful contributions to our hospital and our community, and to celebrate his leadership.

Meeting the healthcare needs of our community has been one of Mr. Suver's biggest accomplishments. Expansion of the RRH Rural Health Clinic now includes Family Practice, Pediatrics, OB/GYN, Dental, Podiatry, Urgent Care and a clinic in Trona, and most recently, mental health services.

Through the physicians' recruitment program launched by Mr. Suver, RRH has brought to our community, specialists in the field of General Surgery, Orthopedics & Sports Medicine, Gastroenterology, Dermatology and Cardiology.



Continued on Page 6

BOARD OF DIRECTORS 2016

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Bud Haslam

Lawrence Cosner, M.D.

Harriet Luzinas-Smith

Walter Martin

Cornelis Vanderhoek, MD

Don Zdeba

WE OUR HOSPITAL

BY TAMARA TILLEY

The employees of Ridgecrest Regional Hospital came out to say We Love Our Hospital! Once again they said it with their financial support to RRH Development Foundation during our 2nd annual Employee Giving Campaign. In less than two years, 210 generous, grateful employees have given almost \$63,000. For most, their pledges to support the Hospital are ongoing payroll deductions.

"As an RRH employee, I couldn't be prouder of my co-workers. As the Executive Director of the Development Foundation I am inspired by the commitment of the Hospital's caring and giving employees and sincerely hope that the enthusiastic support of these individuals will motivate our community to a closer to a partnership with our Hospital."

During our campaign we always take time to address why we need a foundation and why we ask for the support of our community. **Simply put, donated funds pay for things that otherwise would not be available unless the community steps in to assist.**

For 2016, RRH Development Foundation is focusing on the purchase of an Ivenia™ AVUS – the only breast cancer screening technology FDA-approved for detection in women with dense breast tissue. We know that 40% of women have dense breast tissue and that women with dense breast tissue have a substantially higher risk of developing breast cancer. The AVUS was specifically developed to help doctors find cancers hidden in dense breast tissue, which may be missed by mammography. Early detection is the key to helping women get the treatment they need to have the highest survival rate and we want to be a part of making that happen!

The Development Foundation office sits across the street from the hospital. *"Each time I look across the street, I know that every minute of every day, patients and families are benefitting from the partnerships we are building with our community. As a donor myself, I know how gratifying it feels to be a part of Ridgecrest Regional Hospital, and you can too."*

We have made it easy to make even a small monthly pledge or to find out more about our foundation through our website at <http://rrh.org/about-rrh/rrh-development-foundation/>. We invite you to join us today.





HEART & VASCULAR *services*

At the Center for Cardiovascular Services at RRH, we provide access to specialized cardiovascular care services that have a focus on assessment, prevention, treatment and a Cardiopulmonary Rehabilitation Program.

OUR CENTER OFFERS:

- Outpatient care scheduled full-time daily Mon to Fri ♥
- Non-invasive cardiology testing ♥
- Non-invasive vascular testing ♥
- Pacemaker Clinic and pacemaker/defibrillator device surgical implantation ♥
- Cardiopulmonary Rehabilitation ♥

NON-INVASIVE CARDIOLOGY AND VASCULAR LAB

Our lab works in conjunction with the radiology and cardiopulmonary services to provide testing to identify early or late stage cardiac disease. This service can help diagnose the cause of common ailments, including shortness of breath, chest pain, palpitations and syncope. Our physicians can then develop a treatment plan to help you cure the illness or modify its course to keep you healthy. Our team includes sonographers, exercise physiologists, cardiopulmonary specialists, physicians and nurses.

FOR MORE INFORMATION ON ALL OF OUR CARDIOLOGY SERVICES,
PLEASE CALL (760) 499-3277.



RIDGECREST REGIONAL HOSPITAL CARDIOVASCULAR *disease program*



Ghassan Mohsen, M.D.
Board Certified in Cardiovascular
Disease & Internal Medicine



Earl Ferguson, M.D.
Board Certified in Cardiovascular
Disease & Internal Medicine

DO YOU HAVE ANY OF THE FOLLOWING?

- ♥ Chest pain
- ♥ Leg Swelling
- ♥ Palpitations
- ♥ Leg Ulcers
- ♥ Fatigue/SOB
- ♥ Leg Cramps
- ♥ Varicose Veins

Risk Factors: High Blood Pressure, High Cholesterol, Family History of Heart disease, Obesity, Diabetes, Smoking.

Call 760-499-3277 to schedule your appointment and meet with Dr. Mohsen to discuss your symptoms and get your cardiovascular health on track. Referral not required.



cardiovascular and lab services include:

- ♥ Echocardiography
- ♥ Stress Testing including Nuclear Testing, Stress Echocardiography and Exercise tolerance testing to evaluate for coronary artery disease
- ♥ Carotid duplex scan
- ♥ Segmental Doppler and pulse volume recording (ABI/PVR)
- ♥ Venous Reflux
- ♥ Holter monitoring
- ♥ Arterial duplex scan
- ♥ Event monitoring
- ♥ Abdominal duplex scan
- ♥ Sleep Studies and Pulmonary Function Testing

introducing the

BUTTERFLY BOUTIQUE

The Butterfly Boutique is our new upscale resale boutique located at 253 Balsam Street. It has been a long-held, passionate dream of the Ridgecrest Regional Hospice team to bring a hospice house/home to our community.

With the support of our amazing community and a great deal of shopping, we will turn this dream into a reality.

Brought to you by RRH Development Foundation, this upscale second-hand store will operate with donations and volunteers, and all proceeds will benefit Ridgecrest Regional Hospice.

For more information about Butterfly Boutique, contact the store at (760) 371-1134.

For information about volunteering, contact Tamara Khalifeh at (760) 499-3900.



LABORATORY upgrade

Ridgecrest Regional Hospital unveiled a new, much larger lab facility with three check-in counters and a larger, more comfortable waiting area that can accommodate up to 20 patients at a time.

With the addition of extra check-in counters, patients can expect shorter wait times. To ease nervousness and anxiety of needle phobia, the new waiting area boasts 50 inch TV, a coffee and snack lounge and magazine racks to help keep patients engaged and calm.

Laboratory personnel at RRH consist of certified phlebotomists, laboratory assistants and licensed clinical laboratory scientists performing over 750,000 tests per year. The laboratory experts are part of the team that has been taking care of the community of Ridgecrest and the Southern Sierra Region for over 40 years. With accreditations from DNV and CAP the laboratory at RRH maintains strict standards of excellence.

WE ♥ PIZZA

giving back

**HAS NEVER TASTED
SO GOOD**

Order pizza ONLINE at Papa John's, select the RRH Development Foundation 40% OFF Pizza Coupon on the SPECIALS tab and...

**PAPA JOHN'S WILL DONATE 10%
OF THE NET SALE TO THE RRH
DEVELOPMENT FOUNDATION!**



ONLINE PATIENT PORTAL

to get started

1. Upon discharge, you will receive an email with a link to the Patient Portal.
2. Visit the link provided in discharge information and provide a valid e-mail address to begin registration process.
3. Upon completion of registration process, you will receive an email from Relay Health with activation link and information.
4. Click the link in your email and provide your date of birth to enter or access your medical information and records.

through the online patient portal, you may

1. Access health records online
2. Schedule and reschedule appointments
3. Request lab and test results
4. Request referrals to another doctor

And you may do it all on your mobile device!

Please Note: If you add any information to your personal health record, Ridgecrest Regional Hospital cannot access those changes. All questions regarding test results should be directed to the patients primary care or ordering physician.

Should you have any difficulty registering for this service, please contact RelayHealth Customer Support by phone at 1-866-RELAY-ME (1-866-735-2963) or by email at relayhealth-support@RelayHealth.com



Continued from Page 2..

Written by Tamara Tilley

EXECUTIVE DIRECTOR | RRH DEVELOPMENT FOUNDATION
BOARD MEMBER | RIDGECREST CHAMBER OF COMMERCE

From our point of view, Mr. Suver accomplished all of the Chamber's award criteria and more! The list of his accomplishments is lengthy, but here is a glimpse at some of the activities that earned him this award:

In 2009 Mr. Suver extended his expertise in finance, healthcare, construction and state and county building requirements, to ensure the final completion and opening of the RRH tower.

In 2012, Mr. Suver astonished the community by proposing RRH convert from an acute care facility to a critical access hospital. Time has proven that lateral transfers have remained minimal and because of Mr. Suver's business and financial leadership skills, the hospital has seen steady financial growth, resulting in additional jobs and services for our community. **Today, Ridgecrest Regional Hospital is the second largest employer in our community.**

Mr. Suver envisioned caring for the elderly as a community concern and directed Ridgecrest Regional Hospital to step in and fill the gap. Mr. Suver's vision came to fruition with the addition of a Transitional Care and Rehabilitation Unit or TCRU to Ridgecrest Regional Hospital's growing list of services, and the purchase and upgrades of the Skilled Nursing Facility now called Bella Sera.

Not only does Mr. Suver serve the needs of the community through the advancements of medicine and the expansion of the hospital, but he also supports local schools, programs and clubs within Ridgecrest, Inyokern and Trona.

In his role as Professor at Cal State Chico, he is developing future finance and healthcare leaders. As an educator he fully supports RRH employees in furthering their education as well as personally providing leadership training and open forums for all employees. His personal experience as Hospital Administrator and University Professor is an added quality as Mr. Suver takes the time to mentor and work with employees as well as offer internships for college students in a variety of positions.

The future of healthcare in Ridgecrest and its outlying communities has never looked better thanks to the leadership and vision of Jim Suver. He shows compassion and respect to all patients and uses his position to bring about positive changes and needed services to RRH. At the same time, he is always prepared to handle the unexpected and listen to ideas and suggestions.

Mr. Suver was recognized by the Ridgecrest Chamber of Commerce as the Business Person of the Year.

We not only concur with the award, but we couldn't be prouder. On behalf of the employees of Ridgecrest Regional Hospital we enthusiastically extend our congratulations. Thank you Jim Suver!



VALUES IN ACTION

Employee Recognition Award

At Ridgecrest Regional Hospital, our greatest asset is our employees! Like a puzzle that cannot be completed without all of its pieces, each employee's contribution is vital to the services that we provide our community.

The Values in Action Employee Recognition Award honors the employees nominated by their peers because they set the best examples of Ridgecrest Regional Hospital's values.

The award winners will be the nominees who are the best ambassadors of our values:

EXCELLENCE.

We continually strive to provide the highest quality services at the lowest possible cost, with the best utilization of our resources.

INTEGRITY.

We act honestly and ethically in all relationships. Diversity. We value and respect the uniqueness and dignity of all individuals.

SERVICE.

We responsibly anticipate the needs of our community and cooperatively work with our medical staff and community entities to provide a seamless continuum of care.

COMPASSION.

We respond through a caring environment to the holistic needs of those we serve.



Values in Action 2016 Nominees

WINNERS FEATURED ON
BACK COVER

Beautiful facility.
State-of-the-art technology.
But what makes us successful is...

OUR PEOPLE

Meet Ridgecrest Regional Hospital's Specialists



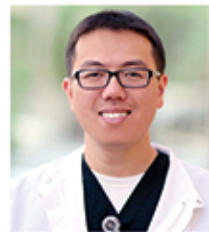
DR. EARL FERGUSON
CARDIOLOGY



DR. GHASSAN MOHSEN
CARDIOLOGY



DR. MICHAEL CHONG
DENTAL



DR. MICHAEL LEUNG
DENTAL



DR. ALI LASHGARI
DERMATOLOGY



DR. MAURICE DUSOL
GASTROENTEROLOGY



DR. ERIC FREY
GASTROENTEROLOGY



DR. BILLIE GUERRA
OB/GYN



DR. ROSE STONE
OB/GYN



DR. RAY ISKANDER
OB/GYN



DR. HEALTHY DESAI
ORTHOPEDICS



DR. MICHAEL PAHL
ORTHOPEDICS



DR. WANDA ABREU
PEDIATRICS



DR. BOBBI UNDERHILL
PEDIATRICS



DR. ERIKA McCLURE
PEDIATRICS



DR. AISHA ROLLINS
PEDIATRICS



DR. JEANETTE FRANCIS
PSYCHOLOGY



DR. DARLENE WHEELER
PSYCHOLOGY



DR. WILLIAM CANNATA
SURGERY



DR. KISHORE TONSEKAR
SURGERY

CONNECTED

RRH EMPLOYEES OF THE MONTH

APRIL 2016 THROUGH JUNE 2016



ERIN AUSTIN
APRIL 2016



JILL OWENS
APRIL 2016



CARY ORTIZ
MAY 2016



COLLEEN BRUCE
MAY 2016



JEAN ROBBINS
JUNE 2016



KIM RUBIN
JUNE 2016

VALUES IN ACTION WINNERS

Congratulations to our 2016 Values in Action Winners!



COLLEEN BRUCE
Integrity



JERRY McDANIEL
Excellence



PEACHES MITCHELL
Compassion



MARGARITA RUELES
Diversity



HOLLY LAWRENCE
Service

VALUE IN ACTION AMBASSADORS

INTEGRITY:
COLLEEN BRUCE

EXCELLENCE:
JERRY McDANIEL

COMPASSION:
PEACHES MITCHELL

DIVERSITY:
MARGARITA RUELAS

SERVICE:
HOLLY LAWRENCE

For more information on the Values in Action Employee Recognition Award's, please see page 06.