

RIDGECREST REGIONAL HOSPITAL connected



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DEAR FRIENDS,

As we usher in this season of new life, I am humbled by a renewed sense of hope as we continue our efforts to fight the coronavirus pandemic. As I write this, our local vaccination effort is well underway. We have faced continual hardships – high demand and limited supply of vaccines – but our frontline workers are stepping up every day to help our patients and community. Kern County continues to progress through vaccine allocation phases, and we are hopeful we will continue to open vaccine eligibility to more population groups.

Our big focus in 2021 is on transforming the Ridgecrest Regional Hospital patient experience into one that is centered around you, our valuable patients and the communities we serve. With that in mind, we are introducing more patient-centric systems, including accessible services, supporting successful health outcomes and providing quality, compassionate care. We are focused on the quality and reputation of our services and facilities to support our vision of caring for our community and the health of our families as if they were our own. Our goal is for every patient who walks through our doors to receive personalized, next-level care from friendly staff in the most efficient manner possible.

We are leaving behind one of the most truly difficult years I have ever seen in the healthcare industry. As spring begins to blossom, we know there are still obstacles ahead. But, thanks to our dedicated staff, employees, patients and community, I am optimistic we will remain strong in the face of struggle by leaning on one another. This tragedy has brought us closer together, and I am confident that will ensure our ability to rebuild a brighter and healthier future.

Continue practicing social distancing guidelines, wearing a mask and washing hands. Get your vaccine when you are eligible. And, mostly, take care of one another: It's our best defense. We will get through this together.

Sincerely,
James A. Suver, FACHE
President/Chief Executive Officer



JAMES A. SUVER, FACHE,
President/Chief Executive Officer

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PHOTO ALBUM



"This photo is taken from our Emergency Department. It's such a 'sign of the times' photo. All these crazy times right now will never be forgotten. Through nursing school, it never even crossed my mind to think I would be working during a global pandemic, especially in the U.S.

I love seeing our respirators and masks lined up in unison. At the end of the day, we are in this together (laughing or crying). This photo represents the support we provide each other, here at work, as well as our community. It reminds me of all the photos in the halls RRH has of the building in the past.

I am thankful for the opportunity of working for RRH all this time. I love our little hospital."

- Jacquelyn Espindola, RN



The RRH Employee Engagement Committee made sure our employees had fun while wearing just a "pinch" of green this Saint Patrick's Day!



Social workers are trained to help people address personal and systemic barriers to optimal living. A single social worker can influence an entire life, and social work includes so many aspects of the society we live in. In March, we celebrated Social Workers Awareness Month. A special thank you to the ones that work at RRH.



We are thankful for our dental assistants, who work tirelessly to treat their patients with kindness and compassion. Dental assistants are a key part of our dental practice year-round, but they also get a special week (March 7-13) dedicated to them each year for all the great work they do!



On March 8, we celebrated Cindy's retirement from Ridgecrest Regional Hospital.

Cindy worked at RRH for 37 years, 7 months, and 25 days.

Cindy is an amazing nurse, friend, colleague, and we are going to miss her very much.

Thank you for your years of service. We wish you the best of luck on your new adventure!



We know we are strongest when we stand together and support one another. That's why our Employee Engagement Committee treated all at RRH to a free bag of popcorn on Employee Appreciation Day (March 5) to show appreciation for the hard work and dedication they put into their jobs.

RRH wouldn't be where it is today without our people!



RRH welcomed employees from Sierra Sands Unified School District through our COVID-19 drive-thru vaccination clinic, which allowed us to vaccinate some of the public educators that are so essential to this community.

Vaccine supply continues to be in high demand, but we are excited to be making these important steps in the right direction for our community.

WELCOME TO

RIDGECREST REGIONAL HOSPITAL

INTRODUCING SOME OF OUR NEW PROVIDERS



RUBY HAVISTIN, M.D.
Cardiology

Dr. Havistin graduated from Kashan University of Medical Sciences. She completed her internal medicine residency at MedStar Health Internal Medicine in Baltimore, followed by a fellowship in cardiovascular disease at NYP-Weill Cornell Medical College, Brooklyn. She has received additional training in advanced cardiovascular imaging at Harbor-UCLA.

Dr. Havistin is excited to be able to provide individualized cardiovascular care to her patients at Ridgecrest Regional Hospital. She treats a wide variety of cardiovascular diseases. Her clinical interests include preventive cardiology, coronary artery disease, valvular heart disease and cardiovascular imaging.

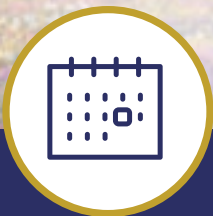


CARMEN C. BRIONES, M.D., FAAP
Joining Rural Health Pediatrics May 2021

Medical School: University of the Philippines Manila
Pediatric Residency: Children's Hospital of Philadelphia
Neonatal-Perinatal Medicine Subspecialty: Medical College of Wisconsin

After the completion of my training, I have had the opportunity to serve in the rural communities of Minnesota and Washington. I chose to move to California to be close to my family, and I am happy to have found Ridgecrest as my new home. I look forward to working with the staff at Ridgecrest Regional Hospital and the families of Ridgecrest. I love working with children and their families, especially those with special needs and the newborns who need specialty care.

Whenever I can, I love to spend my free time outdoors – hiking, running and playing golf. I am very happy and excited to be a part of this community.



COVID-19 VACCINE FACTS

Immunity Timeline

With both Pfizer and Moderna, a follow-up injection is required – with a 21-day and 28-day interlude, respectively. “After the first shot of the COVID-19 vaccine, we’re seeing somewhere around 50 percent immunity; after the second, it’s closer to 95 percent effective,” says Dr. Crapo.

The FDA has also approved the Johnson & Johnson vaccine for EUA, which is the first single-dose COVID-19 vaccine available.

It’s important to understand that anyone who has been vaccinated can still have – and spread – the virus. The highest level of immunity occurs somewhere between 10 and 14 days

after the second vaccination for Moderna and Pfizer. With the Johnson & Johnson version, experts estimate immunity is optimized approximately 28 days later. The Pfizer vaccine is the only vaccine currently authorized by the FDA for 16 and 17 year olds.

“That’s when we’re starting to see the immunity develop,” says Dr. Crapo. “That’s also why we need to continue preventive measures we’ve been practicing throughout this whole pandemic, such as wearing our masks, staying six feet away from people who do not live in your home, hand-washing, all of it.”

EVERYTHING YOU NEED TO KNOW ABOUT THE COVID-19 VACCINE



The best vaccine is the vaccine that becomes first available to you.

With multiple COVID-19 vaccines now available, many are breathing a sigh of relief. However, others have concerns about safety – especially knowing the vaccines were developed in record time.

It's true, the vaccine is being distributed to the public with the FDA's Emergency Use Authorization (EUA) – but that doesn't mean corners were cut. The study went through the standard three-phase process, with phases one and two to determine safety and phase three showing the vaccine's effectiveness.

“Phase three of the trial actually used over 40,000 participants. It had good numbers – over 95 percent immunity once people had two doses. And the participants were monitored for two months after the final dose,” says Dr. Stephanie Crapo, Emergency Department Medical Director, Ridgecrest Regional Hospital.

Under normal circumstances, the FDA would require a two-year monitoring process after phase three before granting FDA approval. This two-year wait is not to test a vaccine's safety or effectiveness. Rather, that time is typically used to study how long immunity persists and if a booster will be needed.

The COVID-19 vaccine trials are ongoing, as they still need those two years of monitoring before they get the full, non-EUA FDA approval. But, Dr. Crapo is steadfast in support of the vaccine's trustworthiness.

“It's just as safe as any other vaccine,” says Dr. Crapo. “Plus, bad reactions generally happen closely after the injections, not months or years later.”

What You Can Expect When Getting Your Vaccine

Ridgecrest Regional has established a drive-through experience for vaccine distribution on hospital grounds. Individuals will stay in their vehicles throughout the entire process, including collecting information prior to vaccination, receiving the vaccination and then a monitoring period of 15 minutes post-vaccination.

“We ask that people wear comfortable clothing so we can access the shoulder, because that's where we give the injection. After your 15 minutes are up, a nurse will evaluate you to make sure you're good to go home,” says Celia Mills, RN, Administrator of Care Coordination and Community Health. “We have also heard that local retail pharmacies will be receiving some of the COVID-19 vaccines, and they are taking appointments also.”

Potential side effects include pain and swelling at the injection site, sore muscles, fever, chills and headache. Very rarely does someone report anything more severe.

Is There Anyone Who Should NOT Get Vaccinated?

While the vaccines have been proven safe, certain individuals should consult with their physicians. For example, if you've had a severe allergic reaction to other medications, you'll want to get clearance from your doctor.

If you have had a prior vaccination for something else within the past 14 days, it's recommended to wait until the 14th day to get the COVID-19 vaccine – simply because the FDA did not study cross-reaction of concurrent vaccination.

Anyone who was infected with COVID-19 just needs to be symptom-free when they get vaccinated – unless they were treated with medications such as monoclonal antibody infusions or convalescent plasma. In that case, individuals will need to wait 90 days after receiving those medications before receiving the vaccine.

Women who are pregnant or breastfeeding are also cleared to be vaccinated.

“I'm actually breastfeeding my eight-month-old son, and I received the second dose of the vaccine yesterday,” says Dr. Crapo. “I felt it was one of the best ways I could protect my baby and my family.”

Next Steps

Effective April 5, 2021, all Kern County residents 16 years and older are now eligible to receive the COVID-19 vaccine. The best course of action, per Mills, is to sign up at myturn.ca.gov – or call the Kern County Public Health Call Center at (661) 321-3000 for appointments and assistance.

Vaccine supply remains limited. If vaccine appointments are unavailable locally in MyTurn when you first register, sign up to get notified and check daily.

As for anyone who is still reluctant to get vaccinated, Dr. Crapo and Mills urge those individuals to consider the evidence surrounding safety and efficacy – as well as the greater good of the community, nation and world.

“Anybody who is nervous should know that the benefits of being vaccinated for yourself, your family and the community far outweigh the risks,” says Mills.

To listen to an in-depth conversation on this topic with Dr. Stephanie Crapo, Emergency Department Medical Director, and Celia Mills, RN, Administrator of Care Coordination and Community Health, visit radiomd.com/ridgecrest/item/43972.

This information was taken from the RRH podcast recorded on Thursday, March 11, 2021. All information was correct at the time and is subject to change.



Stephanie Crapo, M.D.



Celia Mills, RN, PHN, BSN, MSN



Ridgecrest Regional Hospital
PODCAST

9-1-1 AND SO MUCH MORE ...



PARAMEDICS EXPLORE NEW PURPOSES



Paramedics have come a long way since the field began to take off in the late 1970s, and Ridgecrest Regional Hospital's Liberty Ambulance team exemplifies how the field has since expanded.

In the mid-70s, very few individuals that suffered a cardiac arrest outside of the hospital survived the ambulance ride to the Emergency Room. One-person CPR was difficult and not very effective.

Then, using new concepts developed in Vietnam, pre-hospital care began to evolve as specially trained personnel were placed in ambulances and fire engines. We saw paramedics come to life, and the TV show "EMERGENCY" brought EMS into our homes.

Paramedics are now equipped with a variety of drugs to treat cardiac arrhythmias, blood pressure issues and provide pain relief. New technology identifies life-threatening cardiac issues instantly and guides the treatment of seriously ill patients. Paramedics can consult with a physician hundreds of miles away and initiate care once available only in the hospital.

The pre-hospital care system was designed to respond immediately to any medical emergency. Paramedic ambulances are strategically located and staffed to arrive on scene in minutes. Paramedics are trained to be observant, thoroughly document what they see and tolerate extremely diverse conditions.

Paramedics at Liberty Ambulance cover approximately 9,250 square miles, from the middle of Death Valley to the top of the Sierra Nevada mountains. A remote rescue can take a unit out of the system for 5-6 hours.

Because of the natural diversity and flexibility of our EMS personnel, their role is being expanded faster than ever. Across the country, paramedics are taking on the roll of "Navigator" in the Mobile Integrated Health system.

A few of the newly expanded roles paramedics are taking on include:

- **Post-hospital discharge observation of high-risk patients**
- **Psychiatric patient field evaluation**
- **COVID-19 testing**
- **Hospice patient home care**
- **Work-related injury assessment and care**
- **High-risk newborn in-home follow-up**

Another new and exciting transition is the emergence of the EMS Nurse program. Experienced paramedics that have completed the nursing program and are now licensed registered nurses provide a unique and broad-based skill level that's valuable in many ways.

In the hospital, they are quickly filling a vital role in the Emergency Department, working with the most critical patients. Because of their pre-hospital background, they are a logical fit for coordination and management of Critical Care Transport units in the air or on the ground. This cross-training provides a pathway for the most qualified EMS personnel to transition from the field to the hospital.

The COVID-19 pandemic has pressed EMS systems such as Liberty Ambulance to adapt and assume non-traditional roles in the healthcare community. Once trained, EMS personnel quickly were providing COVID-19 testing on a large-scale basis and to many senior citizens that could not leave their home. In the future, we expect to see special "Community Medicine" units made up of a nurse practitioner and a paramedic making house calls in our community.

For more information on Liberty Ambulance Services, visit RRH.ORG/LIBERTY.



*Written by Melissa Parkinson, RN, CEN, Trauma Coordinator,
Ridgecrest Regional Hospital*



FOCUS ON FALL PREVENTION AND AVOIDING INJURY

FALLS ARE THE NUMBER 1 CAUSE OF INJURY IN ADULTS OVER 65 AND CAN HAVE DEVASTATING RESULTS UPON BOTH QUALITY OF LIFE AND FUNCTIONAL INDEPENDENCE.

Hip fractures, arm fractures, facial fractures and even brain bleeds can occur from a simple ground-level fall. Some common causes of falls include balance problems, loss of strength, poor lighting, poor vision and effects of medications. Most falls are preventable if you use some simple strategies to protect yourself.

Physical activity and balance training are essential for seniors. Without exercise, muscles become weak, and that contributes to tripping and falling.

Although the COVID-19 pandemic has interrupted gym schedules and exercise classes, people can still walk, hike, bike and exercise at home.

Ridgecrest Regional Hospital offers virtual fitness class options such as Gentle Chair Yoga and SilverSneakers®. For information on the classes, go to rrh.org/events-calendar.

Some medications increase fall risk, as they can cause dizziness, drowsiness and impaired motor function. Take time to speak with your physician about all the medications prescribed to you.

Having vision checks, wearing eyeglasses as needed and using night lights are other ways to prevent falls.

Never underestimate the wind out here in the High Desert! On windy days, avoid non-essential trips to the store or doing chores in the yard as doors and gates powered by the wind can throw a person to the ground.

The website for the National Council on Aging has information on fall prevention. You can also complete the Falls Free Check-Up online at www.ncoa.org/healthy-aging/falls-prevention/falls-free-checkup and then share this with your doctor on your next visit.



BELLA SERA SKILLED NURSING FACILITY

AWARDED 5-STAR RATING

Ridgecrest Regional Hospital's Bella Sera Skilled Nursing Facility was awarded an honorary 5-star rating for the second month in a row from the Centers for Medicare and Medicaid Services for the high-quality care its staff provides to our residents.

The 5-star rating is based on the skilled nursing facility's three most recent health inspections, staffing levels and quality measures. CMS created the system to help consumers, families and caregivers compare nursing homes.

In a year unlike any other, these healthcare workers have continued to treat their patients with love and compassion. Though we had to refocus our care amid the ongoing pandemic, the quality of that care has never wavered.

Bella Sera is committed to providing comprehensive short- and long-term rehabilitation services in a comfortable environment that makes our patients feel as at home as possible.



SKILLED NURSING FACILITY WITH 24-HOUR RNS, LVNS, CERTIFIED NURSE ASSISTANTS AND RESTORATIVE AIDES.

For further information on the full services provided at Bella Sera, please visit rrh.org/treatment-care or call (760) 446-3591.



RRH SENIOR SERVICES

providing community outreach services to seniors 60+

- We provide information and assistance via the telephone or during a scheduled appointment where we can assist the senior with researching services that are available.
- Our Case Management program assists clients with paying bills, scheduling medical appointments and other tasks that the individual may need assistance with to remain living in their home.
- Homemaker Services provide biweekly housecleaning and/or grocery shopping. Partial funding for Senior Services is provided through the Kern County Department of Aging.

Senior Services Address: 417 Drummond Ave., Ridgecrest, CA 93555
Phone: (760) 371-1445, Hours: Mon to Fri: 8:00 a.m. to 4:30 p.m.

This program is partially funded by the Kern County Department of Aging



EMPLOYEE OF THE YEAR

Ridgecrest Regional Hospital is proud to recognize **Kia Barnett** as the 2020 Employee of the Year!

Since her arrival in 2019, Kia has been a dedicated employee with a strong work ethic. She was acknowledged for displaying a positive and welcoming attitude to patients and staff alike. Whether at Med-Surg or in the ICU, Kia is a shining example of an employee who truly gives her all to make each day of the patient's stay an enjoyable one.

We appreciate your dedication to the patients and families we serve, Kia!



KIA BARNETT, RN
Clinical Nurse I

MANAGER OF THE YEAR



HOLLY LAWRENCE
Materials Manager

Congratulations to **Holly Lawrence, Materials Management Manager**, who is recognized for her admirable achievements and tireless efforts to combat the ongoing supply chain shortages of the pandemic. She was thrust into making sure the hospital had the personal protective equipment needed for our frontline staff, which was essential for staff readiness. Holly was nominated by several departments who noticed her work relentlessly in a time that is very challenging. Holly is an exemplary manager and is greatly deserving of being celebrated as Manager of the Year.

Since 2019, the Manager of the Year Award has been presented to a member of our management team who is a strong leader, goes above and beyond their job duties and is a role model for other managers. Their efforts reflect the values and mission of our hospital: to serve the people of the Southern Sierra Region with the highest-quality healthcare at the lowest possible cost and with the best utilization of resources in a compassionate environment.



THE ALL NEW CANCER CENTER TRANSPORTATION VAN

VOLUNTEER DRIVERS NEEDED

We Need You!

CALL HR TO INQUIRE
RRH Human Resources: (760) 499-3020

RIDGECREST REGIONAL HOSPITAL FOUNDATION
RIDGECREST REGIONAL HOSPITAL Cancer Center

UPCOMING EVENTS



11TH ANNUAL BUTTERFLY RELEASE

The butterfly release is a beautiful way to reflect on the happy memories of our loved ones who have passed and to celebrate the present. Available virtually from May 8th at RRH.ORG/BUTTERFLYRELEASE.

BREASTFEEDING PRESENTATION

10 a.m.-12 p.m., Friday, June 25
Maturango Conference Center, 113 Sydnor St., Ridgecrest, CA
Ladies-only class (no men or children). All participants are required to wear a mask. No registration required. Free/no cost.

RRH FOUNDATION'S MILLION DOLLAR GALA

September 25
Join us for the RRH Foundation's 5th annual gourmet gala – an evening of gourmet food with wine and cocktail pairings. For more information, please call (760) 499-3855 or email the foundation at Kimberly.metcalf@rrh.org.

4TH ANNUAL CHRISTMAS TREE VILLAGE

December 3-4
More information to follow.



2021 CHILDBIRTH CLASSES

Location

113 Sydnor St., Ridgecrest, CA
Instructed by Lorie Ochoa, RN, CCE, IBLC.
Sign up early – limited number allowed in each session.
Call (760) 499-3032 to pre-register and for more information.
Please, no children. Face masks required.

Session IV

6:30-8:45 p.m., Tuesdays
June 1, June 8, June 14, June 22, June 29, July 6, July 13
For babies due in August.

Session V

6:30-8:45 p.m., Tuesdays
July 27, Aug. 3, Aug. 10, Aug. 17, Aug. 24, Aug. 31, Sept. 7
For babies due in September and October.

Session VI

6:30-8:45 p.m.
Sept. 28, Sept. 30, Oct. 5, Oct. 7, Oct. 12, Oct. 19, Oct. 21
For babies due in November.

Session VII

6:30-8:45 p.m.
Oct. 26, Nov. 2, Nov. 4, Nov. 9, Nov. 16, Nov. 18, Nov. 23
For babies due in December 2021 or January 2022.

BREAST FRIENDS SUPPORT GROUP

For local breastfeeding women
Every Thursday
12-1 p.m.
South Education Classroom (above Urgent Care)
Must call to reserve: (760) 499-3032. Limited places available.



ONGOING GROUPS AND PROGRAMS

SILVERSNEAKERS AND GENTLE CHAIR YOGA

8 a.m.-12 p.m., Monday-Thursday

ROCK STEADY BOXING

Times vary depending on level, Monday-Thursday.
This is a non-contact, boxing-inspired exercise program for those with Parkinson's disease that focuses on balance, muscle power, hand-eye coordination and more.



TYPE 2 DIABETES SUPPORT GROUP

5:30-6:30 p.m. fourth Thursday of the month
This support group is for those with Type 2 diabetes or loved ones of those with Type 2 diabetes. Learn more about diabetes and how it affects your body, learn problem-solving techniques and share day-to-day struggles.

TYPE 1 DIABETES IJV SUPPORT GROUP

6-7 p.m., third Tuesday of the month
This support group is for those with Type 1 diabetes or their loved ones. Support one another, share resources and connect.

DIABETES EDUCATION EMPOWERMENT PROGRAM™

Held quarterly – call for details
This program is a 6-week educational and hands-on program that goes over what diabetes is and how it can potentially affect your body and empowers you to know how to make changes to prevent complications from diabetes.

GRIEF SUPPORT GROUP

6-7 p.m. first Tuesday of the month
This group will provide educational information about loss and grief, encourage healthy coping and adapting skills and offer emotional support through mutual sharing.



ALZHEIMER'S CAREGIVER SUPPORT GROUP

1-2:30 p.m., first Wednesday of the month
The Alzheimer's Association caregiver support group is conducted by trained facilitators and provides a safe place for caregivers, family and friends of persons with dementia to develop a support system, talk through issues and ways of coping and more.

JOURNEY TO HAPPINESS SENIORS GROUP

10-11:30 a.m., every Wednesday
No-cost opportunity for seniors to come together on a journey of maintaining happiness, joy and quality of life.

JOURNEY TO HAPPINESS CAREGIVER GROUP

6-7:30 p.m., second and fourth Tuesday
This group provides a place for caregivers to talk, recharge, smile and learn.

Currently, many of our groups and programs are being held virtually. To learn more and sign up for any of these programs, contact (760) 499-3825 or visit rrh.org/events-calendar.





KIMBERLY METCALF
RRH Foundation Director



Latest News & Updates

A NOTE FROM THE FOUNDATION DIRECTOR

**IT'S A NEW YEAR, AND WITH IT COMES NEW CHALLENGES,
HOPES AND DREAMS.**

With 2020 now behind us, we can reflect on what was, for the most part, a surreal time for us all. Although we faced obstacles, roadblocks and hurdles, we made it through. In fact, we made it through stronger than ever and gained invaluable knowledge that we can turn almost anything we are faced with into a positive.

Every event we held last year was modified to fit the restrictions in place at that time, and yet they all proved to be successful. The 10th Annual Butterfly Release became a virtual event that was viewed by people as far away as Belize and the UK – people who had never experienced this beautiful and moving event.



Our fourth annual Wine Gala, “An Evening Under the Stars,” became our Gala to Go, “An Evening in the Great American Southwest.” Rather than holding this signature fundraiser on location, we adapted to the times and packed up the gourmet meals, wine and accessories and sent them home with donors to enjoy in the comfort of their own homes, and we still raised over \$37,000 in donations for the Cancer Center.

We closed out the year by converting our annual Christmas Tree Village from an on-site experience to a virtual event. Not only was it fun, but we raised just under \$8,000.

This just goes to show you that, if we set our minds to it, we can do anything.

While we were not able to meet in person, we kept Women in Philanthropy going by meeting virtually each month. Although there is nothing like meeting in person, we were still able to discuss upcoming events and work together to plan for the future.

In all, the Foundation experienced a successful year, having raised over \$267,000 to support our Cancer Center and hospice services. Of these funds, over \$2,000 was allocated for COVID-19 relief. Through the funds raised, we have been able to assist in transportation costs for our cancer patients and in hospice care for patients, and in December, the Foundation Board voted in favor of assisting in the purchase of a critical care transport van and will be donating \$124,000 to this great cause.

Despite everything that happened in 2020, and we certainly never want to experience anything like it again, so much good came from what could have been a much darker year.

On behalf of the Foundation, I extend to you, this wonderful community, a sincere thank you for all you have done to make such a positive difference in the healthcare of our city and surrounding communities. The Foundation moves into 2021 with a positive plan for the future, and it is our hope that you will continue to be a part of the movement. With this in mind, I would like to close by letting you know that since the inception of the Foundation in 2014, we have raised over \$942,000 in total donations – yes, almost ONE MILLION dollars! I’m thinking 2021 will be a stellar year!

Thank you,
Kim Metcalf
Director, RRH Foundation

**“MANY OF THE THINGS THAT SEEM
IMPOSSIBLE NOW WILL BECOME
REALITIES TOMORROW.”**

— WALT DISNEY

MEET THE RRH FOUNDATION BOARD



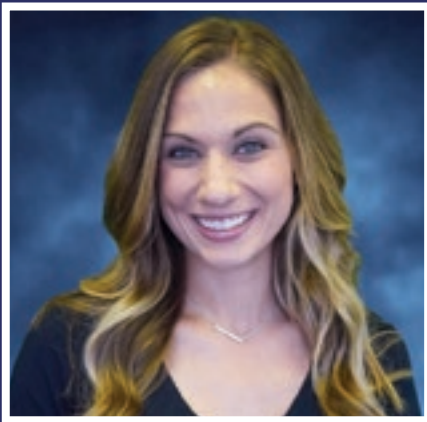
Leslie O'Neill, *Board Chair*



Rita Read, *Vice Chair, Board of Directors*



Fred Hawkins, *Treasurer*



Sarah Bingham, *Board Member*



Sheryln Brubaker, *Board Member*



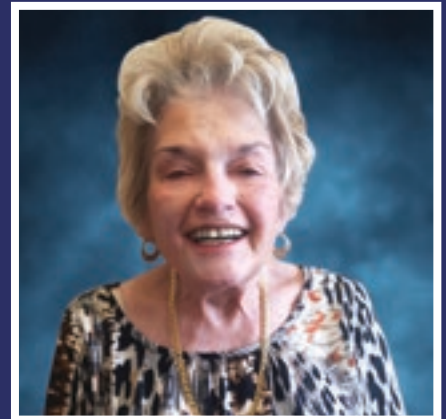
James Long, *Board Member*



Todd McKinney, *Board Member*



Gayle Pietrangelo, *Board Member*



Joanne Stauffer, *Board Member*



Beverly Wagner, *Board Member*



Bud Haslam

Want to know more
about our dedicated RRH
Foundation Board Members?
Visit RRH.ORG/FOUNDATION
to read bios about
each member.



RRHF 2020 IN PICTURES

BUTTERFLY RELEASE



GALA TO GO



CHRISTMAS TREE VILLAGE



Favorite RRH Tree
donated by RRH Home Health and Hospice Services



Favorite Community Tree
donated by Robin Torgerson/The Robin's Nest



BUTTERFLY BOUTIQUE...

WE'RE STILL HERE!



Despite being closed for over six months in 2020, this amazing group of women worked diligently to make sure that approximately **\$27,000 was raised** through the boutique to support RRH Hospice Services.

Accepting drop-off donations during store hours.
Located at 253 N. Balsam St., Ridgecrest. For information and donations, please call (760) 371-1134.



THANK YOU TO OUR COMMUNITY PARTNERS

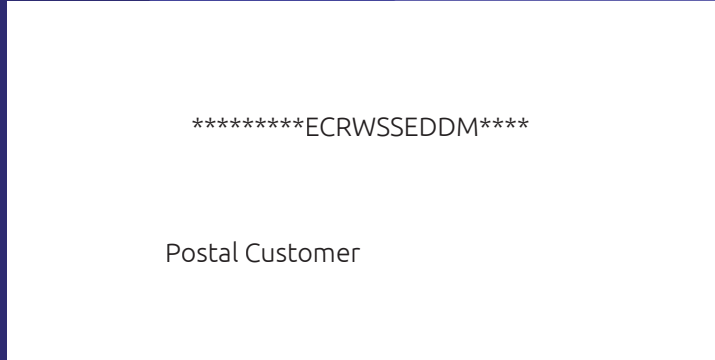
Thank you to our local businesses and organizations that support the Foundation throughout the year!



*We're Still In
This Together.*

LET'S GET
PROTECTED

All individuals 16 years old and older are eligible for COVID-19 vaccination in Kern County. Visit MyTurn.ca.gov and register to be notified when vaccines become available and appointments open up.



Vaccine supply remains limited to our community

The best vaccine is the one that becomes **first available to you**. Consider all vaccination options through **local and non-local** approved providers.