

# Ridgecrest Regional Hospital

Community Health Strategy

2016

# Community Health Strategy

- Top 5 Identified Health Concerns
  - > Substance & Alcohol Abuse
  - > Cancer
  - > Mental Health
  - > Heart Disease
  - > Obesity & Nutrition

# Substance & Alcohol Abuse Strategy

- Mental Health Crisis Stabilization Unit with capability to take patients in crisis for a 23 hour period

# Cancer Strategy

- Affiliation with UC Davis Cancer Center
- New oncology services in OOP Pavilion opens November 2017
- Recruitment of onsite oncologist - 2017

# Mental Health Strategy

- Mental Health Crisis Stabilization Unit with onsite psychiatric nurses & tele-psychiatrist
- Continued Recruitment of onsite psychiatrist including pediatric psychiatry

# Heart Disease

- Onsite non-invasive cardiologist

# Obesity & Nutrition

- ◉ Senior exercise classes:
  - > Silver Sneakers
  - > Chair Yoga
- ◉ Diabetes classes
- ◉ Healthy Eating classes