

Follow My Health – Registration http://rrh.followmyhealth.com



Thank you for signing up to Follow My Health! We're glad you're here and we want to help you complete the registration in a few easy steps.



Upon providing your email address, you'll receive an invite. Remember to check your junk folder.







## CREATE A USERNAME

Use your email address or create a unique one.

	Sign Up and	Con	nect
FMH	Create Username (Using your email is recommended) RRHchemotest	* *	Cannot contain the characters /, ?, #, or \ If using your email, must be a valid email address
	Create Password	* * *	Must be at least 8 characters Must contain at least one number Must contain at least one special character.
	••••••	*	For example: !@#\$%^&*()- Passwords must match
« Bacl	k Confirm and C	Continu	e



## VERIFY YOUR IDENTITY

By entering the 4 digits of your year of birth, or the last 4 digits of your social.

	Connect yo	ur account	
	Step 3: Enter	Invite Code	
The invite code is a secret betwee were not given a code directly fro number or year of birth (yyyy). Rer code applies to that patient and w were given a specific invite code to For more information, please refer your provider.	n the patient and the head m your provider, it will mos member, if you are setting vill be the last four digits of from the provider for that p to the invitation email you 1983	Ithcare provider with whom you of t likely be either the last four digit up a proxy account for a child of his/her social security number or patient). received from noreply@followmy	are connecting. If you s of your social security r dependent adult, the year of birth (unless you yhealth.com or contact







## WE'LL UPLOAD YOUR INFORMATION

If you get prompted by a delay screen, click 'yes' and let us do the work.





## **YOU'RE IN! WELCOME TO THE HOME PAGE** Explore the four tabs and get familiar with them. The home page displays your profile, your appointments, and recent activity.



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ACCESS YOUR HEALTH RECORDS Use "My Health" tab to access your results, medications, visit summaries, and more!

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New Photo	Chemo Test 1081 CHIINA LAKE BLVD RIDGECREST, California 93555 04/21/1983	My Care Team 9
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