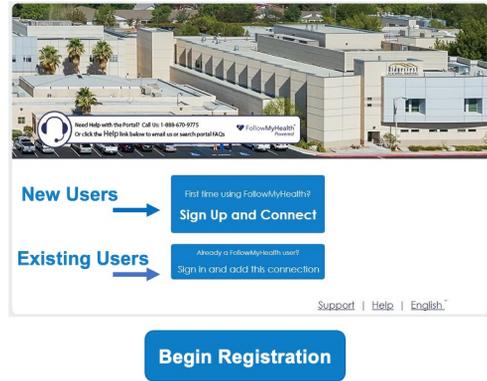
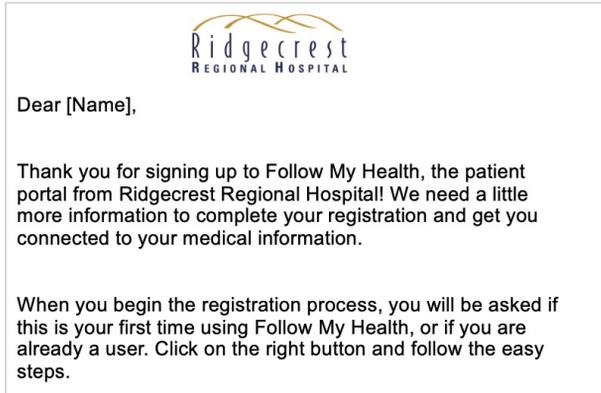


Thank you for signing up to Follow My Health! We’re glad you’re here and we want to help you complete the registration in a few easy steps.

1 LOOK OUT FOR THE INVITATION EMAIL
 Upon providing your email address, you’ll receive an invite. Remember to check your junk folder.



2 CREATE A USERNAME
 Use your email address or create a unique one.

Sign Up and Connect

FMH Create Username (Using your email is recommended)

- ✓ Cannot contain the characters /, ?, #, or \
- ✓ If using your email, must be a valid email address

Create Password

- ✓ Must be at least 8 characters
- ✓ Must contain at least one number
- ✓ Must contain at least one special character.
For example: !@#\$%^&*()-
- ✓ Passwords must match

« Back
Confirm and Continue

3 VERIFY YOUR IDENTITY
 By entering the 4 digits of your year of birth, or the last 4 digits of your social.

Connect your account

Step 3: Enter Invite Code

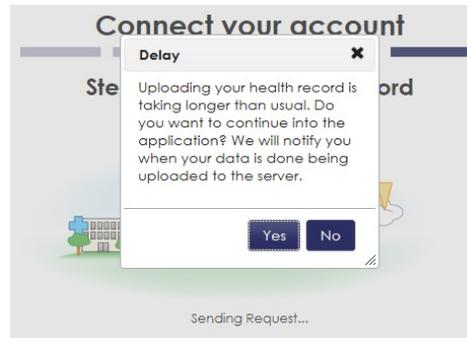
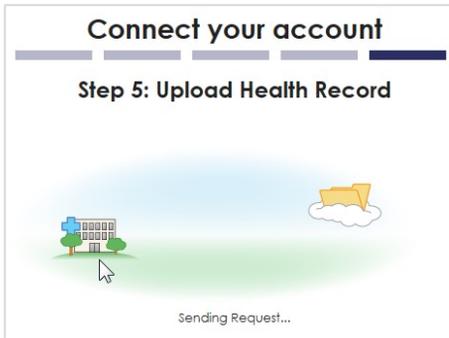
The invite code is a secret between the patient and the healthcare provider with whom you are connecting. If you were not given a code directly from your provider, it will most likely be either the last four digits of your social security number or year of birth (yyyy). Remember, if you are setting up a proxy account for a child or dependent adult, the code applies to that patient and will be the last four digits of his/her social security number or year of birth (unless you were given a specific invite code from the provider for that patient).

For more information, please refer to the invitation email you received from noreply@followmyhealth.com or contact your provider.

Next

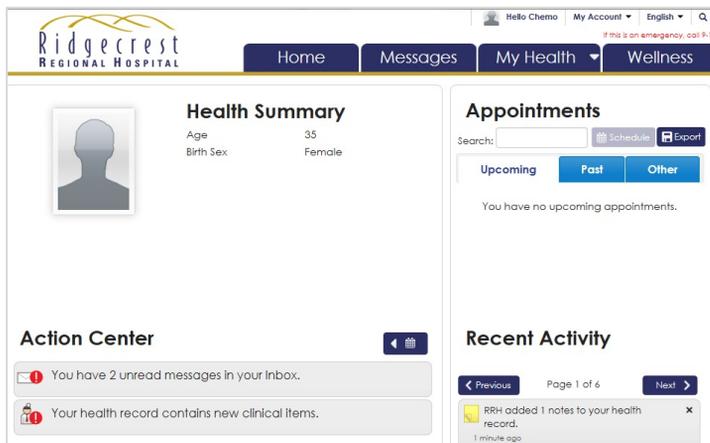
4 WE'LL UPLOAD YOUR INFORMATION

If you get prompted by a delay screen, click 'yes' and let us do the work.



5 YOU'RE IN! WELCOME TO THE HOME PAGE

Explore the four tabs and get familiar with them. The home page displays your profile, your appointments, and recent activity.



6 ACCESS YOUR HEALTH RECORDS

Use "My Health" tab to access your results, medications, visit summaries, and more!

