Ridgecrest Regional Hospital

2022 COMMUNITY BENEFIT REPORT

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TO OUR COMMUNITY,

Ridgecrest Regional Hospital went from a profitable operation in 2019 to operating at a \$15 million loss in 2022, with little hope for fiscal relief or remediation in 2023. Like other independent rural healthcare facilities facing catastrophic financial threats, RRH is evaluating bleak options to continue serving our high desert population.

This financial strain is the result of a deficit from earthquake recovery investments in 2019, numerous unfunded COVID expenditures, higher staffing costs resulting from state and national shortages of medical providers and professionals, outmoded and outdated reimbursement models that have not kept up with the rising costs of labor and other operational costs, and an ongoing lack of relief and support due to geographic isolation. These barriers continue to threaten access to critical healthcare and wellness services in our community.

If "the vulnerable will suffer the most" in a financial crisis, we remind our stakeholders and elected leaders that in the vast, complicated network of healthcare systems, RRH's proximity to natural disasters, geographic remoteness, and absence of proximity relief put us in the "most vulnerable" category.

There are some glimmers of hope on the horizon. In 2022, RRH leadership began to implement changes that reduced our losses while minimizing the erosion of our most critical services. We also began discussions with our elected officials to help adjust revenues and funding models to adequately reimburse services, which will protect remote hospitals like ours.

In the meantime, our entire staff continues to work hard every day to protect the health and wellness of you and your family. We are exploring and implementing complex solutions that will ensure our ability to sustain services long into the future while still meeting the critical needs of the present. Our intense efforts to train and recruit employees are beginning to bear fruit, and we have begun to welcome new and returning practitioners to our valley.

We know that our challenges are not over yet, but we are committed to this path toward recovery.

James A. Suver, FACHE, President/Chief Executive Officer

RIDGECREST REGIONAL HOSPITAL

OUR PURPOSE

To care for our community's health and the well-being of those who care for them.

OUR VISION

To be the partner of choice for the healthcare needs of our community.

OUR VALUES

Excellence, Integrity, Diversity, Service, and Compassion.



BUD HASLAM Chair



DANA LYONS

Vice Chair

SHROOQ ABU-ISSA

Secretary



MARGIE HANNON Treasurer

2022-2023 BOARD OF DIRECTORS



CHRIS ELLIS



MARTHA HOPPUS



WALTER MARTIN



RITA READ



JIM RIZZARDINI



PAIGE SORBO-NETZER



JUDY THARP



AWARD-WINNING CARE

Ridgecrest Regional Hospital is the first critical access hospital in California to earn the prestigious ISO certification.



ISO CERTIFICATION

The International Organization for Standardization (ISO) certification is a rigorous process in which a hospital improves and monitors the delivery of patient care, measures quality and places the highest priority on eliminating process errors.



CAP ACCREDITATION

In June 2011, Ridgecrest Regional Hospital received CAP (College of American Pathologists) accreditation. Designed to go well beyond regulatory compliance, the program helps laboratories achieve the highest standards of excellence to positively impact patient care.



AMERICAN COLLEGE OF RADIOLOGY ACCREDITATION

Ridgecrest Regional Hospital has been awarded a three-year term of accreditation in Radiology as the result of a recent survey by the American College of Radiology.



CMS

DNV ACCREDITATION

In July 2010, Ridgecrest Regional Hospital became one of the first hospitals in California to receive accreditation from Det Norske Veritas (DNV) Healthcare, Inc. As a result of receiving this accreditation, RRH may continue receiving funding from the Centers for Medicare and Medicaid Services.

BELLA SERA 5-STAR RATING

Since October 1, 2022, Ridgecrest Regional Hospital's Bella Sera Skilled Nursing Facility has been awarded an honorary 5-star rating from the Centers for Medicare and Medicaid Services (CMS) for the high-quality care its staff provides to our residents. The 5-star rating is based on the skilled nursing facility's three most recent health inspections, staffing levels and quality measures. CMS created the rating system to help consumers, families and caregivers compare nursing homes.

*Rating received in 2022.



BY THE NUMBERS | 2022







42,754 DIAGNOSTIC IMAGING PROCEDURES

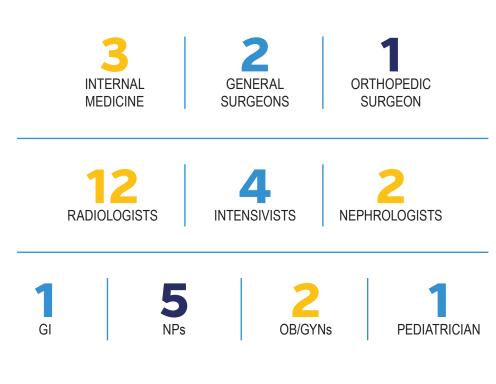






OPERATIONAL EXCELLENCE

RRH WELCOMED SEVERAL NEW PROVIDERS IN 2022, INCLUDING:



of those stayed to

work as CNAs

BELLA SERA SKILLED NURSING FACILITY

22 Certified Nursing Assistant Training Program graduates



888 888 8931 RRH EMPLOYEES

total gross employee wages, including benefits: \$69,267,156

SPECIALTY CLINICS, TOTAL VISITS



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FINANCIAL STEWARDSHIP & STRATEGIC GROWTH



EMS GROWTH

Our Liberty Ambulance department and paramedics provide an advanced level of commitment to our community. Here's a snapshot of the department's reach in 2022:



8,356

SQUARE MILES

COVERED

7778,3229,393EMPLOYEESTOTAL POPULATION SERVEDRESPONSES

260 CRITICAL CARE TRANSPORTS* 6,824 TRANSPORTS

\$2,437,550 UNCOMPENSATED CHARITY CARE

*Critical care transports (CCTs) are not included in the number of transports.

SMART PARTNERSHIPS



We teamed up with USC Urology, a part of Keck Medicine of USC, one of the nation's leading Urology programs, to bring you comprehensive urologic treatment conveniently close to home.

Prostate Cancer

· Pelvic Medicine and

Testicular Cancer

Urologic services include treatment for:

- Bladder Cancer
- Endourology
- Kidney Cancer Reconstructive Surgery
- Male Infertility

Men's Health

Urology Preventive Medicine

For information and appointments, please call 760-463-8930 or visit RRH.ORG/UROLOGY.

Clinic address: East Medical Plaza, 2nd Floor, 105 E. Sydnor Ave., Ridgecrest, CA



in alliance with Keck Medicine of USC USC Urology



In 2021, RRH teamed up with inSite Digestive Health Care, and that partnership is still going strong. Founded in 2012, inSite Digestive Health Care (now Genesis Healthcare Partners, an affiliate of Unio Health Partners) is the largest gastroenterology physician group in California. With this partnership, we are able to meet all the gastroenterology needs of our community.

Gastroenterology services include treatment for:

- Constipation
- Stomach Pain
- GERD/Acid Reflux
- Gallstones
- Irritable Bowel Syndrome
- Crohn's Disease
- Ulcers

For more information and appointments, call 760-446-0121. Clinic address: 1041 N. China Lake Blvd., Ridgecrest, CA



RIDGECREST REGIONAL HOSPITAL **BALANCE SHEET**

	2022	2021*
ASSETS		
Cash & Equivalents	\$3,448,657	\$13,134,821
Patient Accounts Receivable	\$19,402,207	\$21,733,249
Supplies	\$2,496,081	\$2,602,061
Property, Plant & Equipment	\$76,035,077	\$76,927,107
Other Assets	\$55,290,464	\$59,955,067
Total Assets	\$156,672,486	\$174,352,305
LIABILITIES & NET ASSETS		
Accounts Payable	\$7,589,137	\$7,058,321
Due to Third Parties	\$1,575,574	\$2,231,596
Long-Term Debt	\$47,636,957	\$49,399,286
Other Liabilities	\$17,618,854	\$16,151,533
Total Net Assets	\$82,251,964	\$99,511,569
Total Liabilities & Net Assets	\$156,672,486	\$174,352,305
STATEMENT OF OPERATIONS		
Revenues	\$141,240,371	\$151,138,732
Expenses	\$158,465,947	\$149,976,505
Net Income/(Loss)	\$(17,225,576)	\$1,162,227
UNCOMPENSATED CARE COSTS		
Net Uncompensated Care Including Charity Care	\$6,399,738	\$5,298,091
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*Unaudited numbers

QUALITY & COMPASSION









\$14,643 IN SPONSORSHIPS



8

We found **EIGHT** patients with a high risk for lung cancer with the use of our low-dose CT scanning machine.

Having a service close to home is vital in ensuring the children born to those within our service area have the very best health outcomes. Emergencies related to pregnancy can happen very rapidly. If not managed quickly, outcomes can be catastrophic.

Below is a summary of some of the services that were provided to our childbearing families.

2022 Data:

Deliveries	428
Newborns	431 (3 sets of twins)
Newborn Transfers (due to higher level of care required)	7
Mother Transfers (due to higher level of care required)	8
Prenatal Testing (NSTs)	605
Required Additional Testing at RRH Prenatally	257
Outpatient Visit for Possible Labor but Discharged	898
Total OB Outpatient Procedures	1,027
Prenatal Classes for Families	7 7-week sessions
Lactation Consults (inpatient)	104 (6 months, data)
Lactation Consults (outpatient)	67 (6 months, data)
Phone/Email Consults	358

Although we provide care for low-risk pediatrics, we did have:

Pediatric Admissions	51
Pediatric Outpatient Procedures	102
Newborn Follow-Up Weight Checks	30
Follow-Up Bilirubin Exams for Newborns	24
Follow-Up Newborn Hearing Screens	48



Staff Credentials

28	8		
REGISTERED	ADVANCED		
NURSES	CERTIFICATIONS		
4	2		
LVNs	OB TECHS		
CLERICAL SUPPORT			

EMPLOYEE ENGAGEMENT



EMPLOYEE EDUCATION & TRAVEL

RRH invested **\$487,789** in scholarship money used for employee education and travel purposes.

FOOD BASKET DONATIONS TO RRH EMPLOYEE FAMILIES

RRH employees put together Holiday Food Baskets for their coworkers who were in need of a little extra help. **80 baskets** were handed out to RRH employees and their families in 2022.

HOSPITAL WEEK

During Hospital Week (May 8-14) the Employee Engagement Committee brought some wellness and fun activities to employees to celebrate. Activities included a step challenge, a scavenger hunt, visits from therapy dogs, lunch and shaved ice and various spirit days. The theme, "We are Health Care," was a perfect reminder that it takes all employees to provide exceptional care, and at RRH we are stronger together.





STAYING ACTIVE

Throughout the year, RRH employees participated in a total of three step challenges. The step challenges encouraged employees to move more by averaging 9,000 steps a day. Around 250 employees participated throughout the year with approximately 9,639,027 total steps taken.

EARTH DAY, HAPPINESS HAPPENS, HONORING OUR VETERANS AND MORE

Other Employee Engagement activities focused on wholeperson well-being, while still providing fun opportunities to connect. The Earth Day planting day was a huge success! Representatives



from the Ridgecrest Community Garden were on hand to share tips about how to garden in the desert. Employees could choose their seed of choice to plant: lavender, basil, cilantro, mint, wildflowers and more were available.

Happiness Happens Day was celebrated on August 8 with smiley-face cookies. Employees were encouraged to share their favorite inspirational quote for the next employee to pick up and take with them.





This year, we also honored our employee veterans. A social media campaign highlighted their years of service in the military. We thank all veterans for serving our amazing country!

COMMUNITY OUTREACH

Health Fair

The 2022 Health Fair was a welcome return to an in-person program. The event consisted of three provider talks, over 30 health and wellness vendors and a kids' corner complete with obstacle courses and learning games.



Water District Wellness Day

RRH brought the Health Fair to the IWV Water District. In total, 23 blood chemistry panel screenings, 16 PSA tests and seven CA-125 tests were completed. Blood pressure checks, flu shots, massages, stretching, a mindfulness session and provider consults were available to the employees.





Diabetes Empowerment Education Program (DEEP[™])

RRH offered three DEEP workshops throughout the year with over 25 participants. DEEP is an evidence-based diabetes self-management education program for people with prediabetes or diabetes. The workshops consist of six classes that provide a supportive environment where participants work together to learn about health management tools and lifestyle choices.

Diabetes Grocery Store Tours

Along with each DEEP workshop, a diabetes grocery store tour was also offered. The tours provided education and tips on how to be a smart shopper and what to look for in products to better help manage diabetes.



Relav for Life

The RRH Curesaders participated once again in the Relay for Life event in 2022. They held a luminaria fundraiser and provided

education on skin cancer prevention, breast and testicular cancer awareness and vaping and smoking awareness. The RRH teams donated more than \$5,000 to Relay for Life.

Fitness Opportunities for Seniors

RRH offers 16 exercise classes each week for free to seniors 60 years and older. Classes average 18 participants and provide an environment of support, connection and friendship.

Mental Health Benefits of Gardening

RRH partnered with the Ridgecrest Community Garden to offer a workshop focused on how nature, gardening and mindfulness can help reduce the stresses of life.

Salvation Army Holidays

RRH employees volunteered with the local Salvation Army to help prepare meals for Thanksgiving and Christmas and to be bell ringers for the Red Kettle campaign.



PROVIDING COMMUNITY SUPPORT

PARENT & FAMILY

EDUCATION

 Childbirth classes • Stop the Bleed





Homemaker Services provided service to

INDIVIDUALS

grocery trips FOR SENIORS

SENIOR SERVICES

Case Management provided services to

INDIVIDUALS

INFORMATION & ASSISTANCE PROVIDED TO 1,452 INDIVIDUALS,

either through phone calls, walk-ins or community outreach events

OUTREACH PROGRAMS

- SilverSneakers
- Journey to Happiness
- Seniors Group
- Gentle Chair Yoga

Grief Support Group

Alzheimer's Support Group

Diabetes Support Group

CHF Support Group

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RIDGECREST REGIONAL HOSPITAL FOUNDATION

\$1,313,329 TOTAL RAISED TO DATE

\$171,886 TOTAL RAISED IN 2022



To engage the community in a partnership to facilitate excellent care and to secure resources to support sustainability and growth of the hospital.

A LETTER FROM THE EXECUTIVE DIRECTOR



With 2022 behind us, and looking back over the past several years, it is very evident to me what a great community we live in. With this past year being our first "normal" year of late, our community came out in force to support the Foundation.

Whether it's attending the Butterfly Release in May, participating in our Christmas Tree Village or simply making donations to support our campaigns, it fills me with pride knowing I live in a place where the culture of giving is so abundant. This gives me great hope for the future.

Reflecting on 2022, there are so many noteworthy accomplishments. First, we awarded our first Fred Hawkins Memorial EMT Scholarship in the fall. This scholarship will be awarded semi-annually to support students planning on careers in the medical field. Our first recipient, Jessica Lowry, has completed the EMT course and is now waiting to take her national exams.

With the huge success of our Butterfly Boutique, we are able to assist in the support and care of local hospice patients as we await the opening of our hospice house. This small but mighty shop is run solely by volunteers; in 2022 they raised over \$70,000 for RRH Hospice and Home Health.

The 2022 Christmas Tree Village is another success story. This year, it boasted over 35 beautifully decorated trees donated by local businesses, individuals, organizations and the RRH family. Over \$19,000 was raised for our Emergency Room Campaign, and many happy community members viewed the beautiful trees and enjoyed the hot cocoa bar. The Christmas Tree Village is made possible through the support of the approximately 30 members of Women in Philanthropy. This organization is a huge supporter of the Foundation, both financially and through volunteer hours.

Despite the major obstacles the past few years have placed in our path, we have continued to grow and prosper because of you, our donors and those who believe in us. Thank you all for being a part of the phenomenal success of the Foundation. I look forward to seeing what great things we will do in 2023.

With sincere gratitude,

Kim Mitcall

Kim Metcalf, Executive Director

"All our dreams can come true, if we have the courage to pursue them." - Walt Disney

RIDGECREST REGIONAL HOSPITAL FOUNDATION BOARD MEMBERS 2022-2023



Todd McKinney Chair



Leslie O'Neill Vice Chair



Sarah Dosen Treasurer



Sherry Brubaker Secretary



Gayle Pietrangelo Board Member



Tammy Kinnan Board Member



Amanda Diamond Board Member



Rita Read Board Member



Joanne Stauffer Board Member



Beverly Wagner Board Member



Bud Haslam RRH Board Liaison



12th Annual Butterfly Release

In 2022, the Foundation was happy to be able to celebrate and honor our loved ones in person once again. In fact, 2022 boasted the largest turnout yet for this beautiful and loved event, with over 100 people in attendance.

Women in Philanthropy



Boasting over 30 members, this amazing group of women not only serve as ambassadors for the Foundation, they are worker bees. These women meet once a month to plan future events (Women's Tea and Health Expo, Christmas Tree Village, etc.) and to socialize. Not only do they donate financially, they donate their precious time to make sure that all Foundation events run smoothly.



2022 Christmas Tree Village

With the generosity of local businesses, community organizations, donors and our RRH Family, we were able to bring the "Village" back with gusto, showcasing 35 unique and beautifully decorated trees. The event garnered just over \$19,000 in donations for our Emergency Department Campaign. The "favorite" RRH Tree was donated by Liberty Ambulance Services, while the "favorite" Community Tree was donated by Avis Rent-A-Car. More than 200 community members stopped by to look at the trees, place their bids and, of course, enjoy a hot cocoa bar donated by the Foundation.



First EMT Scholarship Recipient

The Foundation was very proud to present its first-ever Fred Hawkins Memorial EMT Scholarship to Jessica Lowry. Jessica completed the EMT course in December and is waiting to take her National Registry exams. Congratulations to Jessica on such a wonderful accomplishment. The Foundation offers two scholarship each year, one for the fall semester and one for the spring semester.



\$304,880 SINCE OPENING

November 2022 was the most profitable month since opening, with a net of **\$8,870.95**. Run solely by volunteers, the boutique runs smoothly and is warm and welcoming, thanks to a small but mighty group of women.



thank you to our COMMUNITY PARTNERS

The Swap Sheet WACOM NDTI ARCATA PACT Grainger INQU AltaOne FCU **Union Bank** Ridgecrest United Methodist Church Studio 760 Ledesma Chiropractic The Flight Line Rebecca O'Donnell – Realtor Xi Omicron Mu BSP Exchange Club of Ridgecrest **Dosen Realty** Avis Rent-A-Car Romancing the West The Flower Shoppe CFRT Teresa's Auto Body Alex Fischer – Guaranteed Rate Protestant Women of the Cross Kiss and Bell Wedding and Events Griffin Wines Amber Glow Ranch High Desert Therapy Dogs The Butterfly Boutique The Daily Independent

2022 DONOR RECOGNITION

PARTNERS (\$5,000.00 AND UP TO \$250,000.00)

Estate of Ruth Cooper Lloyd and Beatrice Smith Judith and Bobby A. Tharp Hope Zissos, MD

PLATINUM (\$1,000.00 TO \$4,999.99)

Sandy Aubin Janelle Bloudek Sandra Brown Deborah Buffum Henry Canle Lawrence Cosner, MD Healthy Desai, MD Jim Fantaski Joseph Furtado George Haslam IWVPCSG Tamara Khalifeh Tammy Kinnan Rosemary Lynn Ronald Marvin **Kimberly Metcalf** Michael Metcalf Celia Mills Patricia Mullis Jerry and Michael Mumford Naomi Norris Leslie O'Neill Optima Melissa Price Jennifer Pritchard Susan Reynolds, MD

Karen Rivers Esther Sires Joanna Stauffer Paul Stemmer, MD, and Veronica Stemmer Carole Tobias Daphne Unhassobiscay WACOM John Watkins Patricia A, Wharton

GOLD (\$500.00 TO \$999.99)

Troy Baena **Cynthia Bielins** Lora Blowers Susan Bodnar Jeff Dibble Lori Fischbach Lucy Griffith Jennifer Johnston Sandi Krul John LaFontaine Michelle Lemke Todd McKinney Polly Metcalf Donna Mullis NDTI Rebecca O'Donnell Suann Pietrangelo Protestant Women of the Cross **Debra Rogers** Shainna Spratt Shantell Utley Francina Van der Hoek

Michelle Whalley Joseline Wong

SILVER (\$250.00 TO \$499.99)

Arcata Andres Arredondo Genera Arreola Miriam Barashari Jenifer Boisvert Sean Bradley Margaret Breeden Christine Cline Erin Cocciolone Billie Guerra, MD Tarah Hill INQU Nicolle Kielman Marilyn Kincaid Eric La Barbe Mathew Lilly Fred Mansfield Eric Marshall **Jalene Martin** Lori McGee Laura Metcalf Michaela Metcalf Jason Milner Tera Moorehead Thomas O'Neil Sherel Ott Sean Patrick Steven Price Carole Robertson Margaret Rose

James Saaty Zachary Sandoval James A. Suver Lori Tiffany Beverly Wagner Josefina Weeks Robert Woods

COPPER (UP TO \$249.99)

Charla Abbott Shroog Abuissa Amy Allen Jessica Allen Julie Andersen Anonymous (3) Audri Arndt Ezra Arreola Ann Auld Claire Barker Kandy Baxter Helene Belden Kelly Benadom Lars Bengstsson Beta Sigma Phi **Kyle Blades** Amanda Booth John Bormann Linda and Tom Bozack Peter and Wendy Brennan Jean Brown Sherilyn Brubaker Marian Bruce Sue Bue William Burns

Karen Byrd Jesus and Dora Cavazos Ricca Charlon Camille Colpitts Teanna Cooper Jamie (Anne) Corbin Lerov Corlett Joseph Cramer Jennie Davis Elizabeth Diaz Sandra Dominguez Wayne and Pat Doucette Nancy Dragovich Carey Drake Christina Eiselin Fred and Janelle Etoch Marv Fair Oscar Felsen Monte and Tina Frisbee Morgan Fuller Vikki Furnish Adrienne Gallagher Michael Gallagher Benny Garcia Vera Gebro Wendie Gelardi **Gifts That Give Hope** Kathleen Ging Lisa Glantz Jayde Glenn Emily Gockley Corrine Godschalk Mayte Gonzalez Daisy Gutierrez

Minerva Gutierrez Maria Gutierrez Flores Karen Haden Marie Haggard Laura Hewlett Maria Holm Rose Marie Holtrop Christopher Huddleston Whitney Humphrey Divina Irons Christina Johnson Cindy Johnson Ziad Jureidini Donna Keller Emily King Beverly Kolinsky Karen LaFontaine Larry Lane Brian Lanterman Tara Larkin Edward Larosche Dakota Leer Amanda Lockie Lorelle Luckev Loretta Mace Heather Martin Wes and Joan Mathewson Kathrin McDonald **Melody Meadows** Jennifer Melchor Janet Mulvhill **Diane Naslund** Deborah Null Lorie Ochoa

Helene Okx Donna Oshel Jill Owens P. Van Dongen Tara Packer Felicia Padgett Melissa Parkinson Jenifer Pelavo Shanna Perrige Joe Perine Breanne Phillips Baez Rob Pruett Kari Quail Crystal Quinn Marieta Reddemann Carolyn Reed Claudia Reichers **Ridgecrest United** Methodist Church Cherish Rindt Marhea Roberts Jimmi Rolof Breanna Rosoff Jessi Saatv Karen Saatv Austin Sandoval Karyn Scoggins Jennifer Scott Stacie Shaw Alessa Siler **Cheryl Sutton** Bobbie Swafford Lois Taylor Chalise Thornton

Nancy Thornton Donna Tolkmitt Art Ulat Stephenie Valerius Maria Vasquez Rosemarie D. Vorwerk Susan Walker Amanda Wdowiak Donna Weeks Denise Welvang Brad and Misty West Bruna Elenor Winnemore Leticia Zubia



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RRH.ORG

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